

Who am I?			What value and <u>learning muscles</u> do I promote?	What I champion at Westdale
	Safety Sprite	We feel Safe	Respect Questioning muscle – <i>asking questions of yourself and others, being curious</i>	Westdale wishes/ Passport to Life Anti-bullying Online safety Westdale promise Friendship tokens Worry boxes Learning about staying safe, Looking after our physical and mental health Helping hands
	Shine Sprite	Each of us is different, but we all belong	Celebrating Difference Imitation Muscle – <i>watch what works for others and copy them!</i> Teamwork Muscle- <i>be able to take turns, work with others, negotiate and do your fair share!</i>	Westdale wishes/ Passport to Life - Meeting someone from a different faith or generation Learning about each other – RE, anti-racism Celebrating what makes us and others shine!

	<p>Kind Sprite</p>	<p>Smiles and Kindness are everywhere</p>	<p>Kindness and Friendship</p> <p><i>Listening Muscle – whole body listening with our bodies and our hearts</i></p> <p>Managing Distractions muscle – recognise what distracts you and know how to manage it! Create the best environment for learning.</p>	<p>Friendship tokens</p> <p>Learning about relationships</p> <p>Colour Monster</p> <p>Emotional intelligence</p> <p>Westdale promise</p> <p>Helping hands</p>
	<p>Adventure sprite</p>	<p>Taking risks and loving mistakes are a big part of our learning</p>	<p>Resilience</p> <p><i>Resilience muscle – Keep on going even when things are hard! Channel frustration productively and know learning is often slow and uncertain.</i></p>	<p>Growth mindset culture</p> <p>Learning pit and learning muscles</p> <p>The power of ‘yet’!</p> <p>“I can do it!”</p> <p>“Keep going!”</p>

	<p>Earth Sprite</p>	<p>Discovering, celebrating and caring for our world is so important</p>	<p>Responsibility to others</p> <p><i>Empathy Muscle –be able to put yourself in someone else’s shoes</i></p>	<p>Eco Team</p> <p>Science – knowledge about the planet and living things.</p> <p>Earth Sprite helps our children to care about our world, living things and the environment</p>
	<p>Star Sprite</p>	<p>All of us ‘reach for the stars’</p>	<p>Responsibility to ourselves</p> <p><i>Reflective Muscle- being able to think about yourself and how you might be able to do things better.</i></p>	<p>High expectations of behaviour and learning that we all can achieve!</p> <p>“Be the best we can be!”</p>

	<p>Wise Sprite</p>	<p>Learning is for life</p>	<p>Independence</p> <p><i>Imagination Muscle- use your imagination to have new experiences and explore possibilities wondering what if?...</i></p>	<p>Wise Sprite helps us to get ready for being a good citizen in the world with all the skills we need for life!</p> <p>Westdale Wishes / Passport to Life</p> <p>“Never stop learning!”</p>
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Everyone counts

We all can make a difference and we all have a job to do!

