

Super Duper You! Topic Trail – Foundation AUT 1



difference



communication



creativity



kindness



Here is some of the learning that we will be focusing on this half term for you to discuss and research at home

Topic Opener:

Superhero dress up day



Our key values this half term:

Respect- Safety Sprite

Celebrating Difference- Shine Sprite



Communication and Language

Listening, Attention and Understanding:

Follow directions to put my own things away.
Know the attributes to be a good listener (sit, look, listen)

Speaking:

Sing familiar nursery rhymes.
Talk about familiar books.
Talk about what is happening in the day (using a visual timetable).
Use sentences of 4 to 6 words and with joined up words.



Personal, Social and Emotional Development

Self-Regulation:

Identify my own emotions using the Colour Monster.
Begin to recognise that some actions and choices can hurt or harm others.

Managing Self:

Separate from my main carer with increasing independence.
Name and identify different parts of the body.
Be aware of behavioural expectations.

Wash and dry my hands effectively and understand why it is important.
Manage dressing, toileting, and cutlery with increasing independence.

Building Relationships:

Join in with others' play and take turns with adult guidance.
Identify the similarities and differences between others.

Physical Development:

Gross Motor Skills:

Balance and practise different ways of moving and negotiating space. (PE)

Fine Motor skills:

Hold a pencil effectively and make marks on paper.
Turn the pages in a book carefully.



Vital Vocabulary

Superhero, costume, cape, mask, rescue, mission

head, eyes, ears, nose, mouth, face, shoulder, arm, elbow, hand, wrist, finger, thumb, leg, foot, ankle, toes, chest, back, neck, senses, see, hear, taste, smell, touch,



Key Questions

What makes me, me?
What superpower would you like to have?
Why?
Do all superheroes have superpowers?
Who might be like a superhero in our community?
How can we stay healthy?
How can we stay safe online?



Key and Supportive texts

