

# Neurodevelopmental Referral Pathway for Children and Young People – Family Services, Neurodevelopmental Support Team (NST)

Nottingham County Tel: 0300 500 80 80



Please scan the QR code here for alternative language options



1

## FOR CONCERNS REGARDING SIGNIFICANT DEVELOPMENTAL DELAYS, MEDICAL CONDITIONS, OR MEDICATION REVIEWS

Please contact your GP for advice and support. Your GP may refer your child to the Community Paediatrician for an assessment if priority concerns are identified as above.

Information about the role of the Community Paediatrician can be found here [Information regarding Community Paediatrician services](#)



2

## FOR CONCERNS OF AUTISM AND/OR ADHD – GRADUATED RESPONSE

If you do not have any of the concerns mentioned above at step 1, please follow the graduated response process via either the healthy families team or the [SEND graduated response](#) through your child's education setting.

If you need any help or support relating to the graduated response, please contact the NST enquiry email at [family servicenst@nottsc.gov.uk](mailto:family servicenst@nottsc.gov.uk) or alternatively contact Ask Us Nottinghamshire [AskUsNotts](#) or <https://www.nottshelpyourself.org.uk/>

**Please note - a diagnosis is not required for reasonable adjustments to be put in place to support your child's needs within their education setting.**

Please see links below to the NST parental support programmes

[ADHD Workshop NST-opt-in](#) – For parents of a child with an ADHD diagnosis and those with ADHD type behaviours without diagnosis.

[Cygnet NST-opt-in](#) - For parents and carers of autistic children and young people aged 5-18, and those with autistic behaviours without diagnosis.

[Education Transition NST-opt-in](#) - The Education Transition Support Workshop is for parents and carers to learn strategies to assist their children and young people with transitions in education.

[Sleep Tight Programme NST-opt-in](#) - The Sleep Tight programme aims to support parents and carers to help their children and young people to achieve a better night's sleep

[Parent Workshop NST-opt-in](#) - A local model of support and information for parents and carers



3

### REFERRAL TO THE NST TEAM

Once step 2 (the graduated response process) has been followed and if it is considered a review need for your child remains, your child's education lead or other professional supporting your family will be required to complete a referral form through the **MOSAIC Portal**. Usually, your child's education lead will complete this with you, however this could occasionally involve the support of a health care professional such as the healthy family team (but excluding your GP).

The referral must be made by a professional such as your child's educational lead, or healthcare professional. The completed online referral form will be sent to the NST team with your child's referral details to ensure they have as much information as possible regarding your child's needs.

You will receive confirmation that your referral has been received from the NST Team along with support information and advice whilst you wait.

For any referral related queries please contact [referralsnst.familyservice@nottscg.gov.uk](mailto:referralsnst.familyservice@nottscg.gov.uk) or Tel: 0300 500 80 80



4

### NST TEAM SCREENING

Your referral will then be screened by the NST Team for evidence of behaviours in common with Autism and/or ADHD. Further interventions may also be recommended at this stage or more information may be requested prior to progressing to step 5 to support the review process.

5

### DETAILED REVIEW AND EVALUATION OF CHILDS NEEDS FOR POSSIBLE REFERRAL TO THE COMMUNITY PAEDIATRICIAN

If following a detailed review of information from multiple settings and/or observations, the NST Team identify behaviours in common with Autism and/or ADHD, your child's referral will be sent to Community Paediatrician to review and place on their waiting list. It will then close to the NST Team. If your referral is not accepted by the Community Paediatrician, you will be informed of the outcome reasons and sign-posted as at step 6 below



6

### INSUFFICIENT EVIDENCE AT THIS TIME TO SUGGEST FURTHER REVIEW IS REQUIRED WITH THE COMMUNITY PAEDIATRICIAN FOR AUTISM/ADHD

You will be offered support and advice based on your child's individual needs; this support is not subject to receiving a diagnosis. You will also be signposted to the appropriate local and national support organisations. Your referral will be closed to the NST Team once support and advice has been offered.

Page 2 of 2



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